

School Staff Development Day- Friday 8th October 2012

INTRODUCING COACHING IN SCHOOL

Facilitator: Jonathan Hannam

Outcomes of the Day:

- To have a clear understanding of what coaching is
- To be clear about the benefits of coaching and when it is and isn't appropriate, including the difference between counselling, mentoring and coaching
- To be able to use the GROW model to start coaching others
- To understand how coaching is a powerful tool for whole school and individual development
- To understand how to use coaching cards as a tool for coaching others

Outline of the Day:

9:00 Introduction and welcome – my coaching journey

9:10 Begin with the end in mind – where you want to be at 3:00 p.m.

9:20 What is coaching?

What are the benefits of coaching?

9:50 The GROW model of coaching explained

The key skills of coaching

Listening activity

10:30 Coffee

11:00 Demonstration of the GROW model

Coaching practice in trios – part 1

12:00 Lunch

13:00 Coaching in a school – a case study

13:15 Coaching practice in trios – part 2

14:00 Coaching cards – the theory and a practice

14:50 Questions and concerns – Have we got to where you wanted to be by 3:00p.m.?

Next steps